



Jolly Babies

Autumn Programme 2010

2nd Sept	Baby Song, Sign and Rhyme	4th Nov	Child Development—what to expect
9th Sept	Sleeping and Crying—you and your baby!	11th Nov	How are you and your baby doing? + Baby Song, Sign and Rhyme
16th Sept	Positive Parenting	18th Nov	Water Babies
23rd Sept	Common Ailments	25th Nov	First Aid
30th Sept	Back to work or studying	2nd Dec	Baby Song, Sign and Rhyme
7th Oct	Weaning—stage 1	9th Dec	Home Safety
14th Oct	Useful equipment—csharing ideas + Baby Song, Sign and Rhyme	16th Dec	Christmas cards—Messy fun for parents and babies
21st Oct	Weaning Stage 2	23rd Dec	Christmas Song-time
28th Oct	Healthy Food ideas—come and try some		HAPPY FIRST CHRISTMAS!

Lamer Fields Children's Centre
Wheathampstead and Kimpton Area
A Sure Start Children's Centre

Announcing: **'Jolly Drops'**
A new 'drop in' in Kimpton
(from 2nd July 2010)

We will be in the Green Room at the back of Kimpton Memorial Hall every Friday: 9am-11am
Why not come along, let the children have a play and see what the Children's Centre can do for you and your under 5's

For example:




our 'Jolly Roger' Toy Library

Toys and equipment for Under 5's

Membership only 1.50 per year
Cost of hiring 50p—£5.00 per week

Also offering an opportunity to try before you buy.
Why not come along and take a look at our catalogue or look on our website and ring to order toys to be delivered to Kimpton on Friday mornings?

Any questions please do not hesitate to ring our team:
Lamer Fields Children's Centre 01582 834758
www.hertschildrenscentres.org.uk/lamerfields


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LATEST NEWS!

NEW GROUP! 'Jolly Bumpstart'!

An informal opportunity for parents-to-be and new parents and babies (up to pre-crawlers) to relax, and if they wish share their experiences, worries, ideas and challenges, and to enjoy the support of the group. (See the Jolly Mixtures programme inside)

Parenting Classes

We have a programme starting in September and have a couple of spaces left—so why not come along, even if behaviour isn't an issue for you. The course will help prepare you for possible parenting challenges and help you develop effective behaviour strategies. (See our Jolly Mixtures programme inside).

Paradise Park Trip

What a brilliant day! We filled two large coaches with families who all had a great time. Once again we would like to thank Wheathampstead Community Group who paid for one of the coaches making it possible to offer free transport. We also got a very good entrance price, so it made it much more affordable for the families. We hope to arrange another trip next year, so keep an eye on our newsletters because the places get booked up very quickly.

Lamer Fields Children's Centre,
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Contact us on: Tel: 01582 834758
www.hertschildrenscentres.org.uk/lamerfields
email: admin.lamerfields@hertschildrenscentres.org.uk