

Regular weekly timetable of provision for families with under 5's

Green groups are facilitated by Lamer Fields CC

	Monday	Tuesday	Wednesday	Thursday	Friday
AM		'Grandparents' Stay and Play 10-12 Lamer Fields CC 'Monkeys' Toddler Group 9.30 - 11.30am Memorial Hall, Kimpton Internet Cafe 10am-12pm Hilldyke Community Centre	'Carers' Stay and Play 9.30-11.30am 2nd Weds every month at Lamer Fields CC NCT Coffee Morning 10-11.30 1st Wednesday in the month Lamer Fields CC	'Jolly Roger' Toy Library 9-11 Lamer Fields CC 'Jolly Babies' (postnatal 'Stay and Play') 10-30-12	Kimpton's 'Jolly Drops' Drop-in & Toy library 9-11am Green Room, Memorial Hall, Kimpton (From the 2nd July '10) 'Parent & Toddlers' Memorial Hall WH 9.45-11.30AM
PM	Antenatal Classes 7.30. - 9.30 Lamer Fields CC	'Jolly Tots' Stay and Play 1-3 Hilldyke Community Centre	Baby Clinic 1-3 WH Doctors Surgery	'Jolly Beans' (invited Stay and Play) 1-3 Hilldyke Community Centre	

Lamer Fields

Children's Centre
 Wheathampstead and Kimpton area
 A Sure Start Children's Centre

'Jolly Mixtures' Autumn 2010

All sessions are £1.00 per family unless otherwise stated.
 All session must be booked through the Children's Centre 01582 834758

'Jolly Messy'

Where children and parents can enjoy lots of fun and MESSY activities.

FAMILY SESSION
 10am-11.30am -11th December
 £1.00 per family
 Hilldyke Community Centre

Jolly Fit

Tuesday 26th October

Meet at the Hilldyke Centre at 12.30 am for a picnic, then walk to the park, have a play and then return to the centre for a short stay and play session.

12.30-3pm
 Bring your own picnic!

Jolly Dreams

Sensory sessions for parents and pre-crawlers.

Weds 22nd September
 Mon 13th December
 11am-12pm
 Lamer Fields Children's Centre

Jolly Dads

'Funky Food' Workshop

Hilldyke Community Centre
 10am-12pm
 Sat 9th Oct

Jolly Bumpstart

NEW!

An informal opportunity for parents-to-be and new parents and babies (up to pre-crawlers) to relax, and if they wish share their experiences, worries, ideas and challenges, and to enjoy the support of the group.

Fortnightly at Lamer Fields Children's Centre. 1.30pm-3pm
 This terms sessions: 4/10/10, 18/10/10, 1/11/10, 15/11/10, 29/11/10, 13/12/10

Parenting Classes

'Pram to Primary'

FREE OF CHARGE

Next block of sessions:
 7.30pm -9.30pm
 Sept 20th, 27th
 Oct 4th, 11th, 18th, 25th
 Lamer Fields Children's Centre

Baby Massage

A rolling programme for all our new babies

FREE OF CHARGE

Ring the centre for details of our next block of sessions

We are always interested to hear of any ideas you may have for our Jolly Mixtures programme. We try to vary days and times so all families have an opportunity to attend some of the groups. Please feel free to give us a ring or speak to a member of staff about any suggestions you might have.