

**Wheathampstead 10K / 2K RESULTS, 2009**

<i>10/06/2009 update</i>				
<b>Category</b>	<b>no</b>	<b>name</b>	<b>club / school</b>	<b>finish time</b>
<b>10K Results</b>				
Males	1	Mark Dickenson	Garden City Runners	33.50
	2	Alex Macintosh	Garden City Runners	35.48
	3	Paul Allen	Tring Running Club	36.40
Females	1	Katherine Philip	Dame Alice Owens School	40.58
	2	Lucinda Greasley	-	45.03
	3	Victoria Crawley	Gade Valley Harriers	45.26
Male Veteran		Guy Woollet	Gade Valley Harriers	36.57
Female Veteran		Caroline Hale	Garden City Runners	43.22
Male SuperVet		Bill Gristwood	Ealing, Southall & Middlesex	37.35
Female SuperVet		Suzanne Pritchard	St Albans Striders	46.13
Male Wheathampstead Resident		Paul Guy	Welwyn Garden City	39.50
Female Wheathampstead Resident		Rebecca Pritchard	Sir John Lawes	46.13
Team			Garden City Runners	
		Mark Dickenson		33.50
		Alex Mcintosh		35.48
		Paul Guy		39.50
<b>2K Results</b>				
Boys	1	Tom Stead	Lincroft School	7.51
	2	Luke Barber	St Georges	8.11
	3	Ryan Hodge	St Georges	8.43
Girls	1	Abigail West	Grove	9.1
	2	Sophie West	Sir John Lawes	9.18
	3	Eleanor Hobbs	Aboyne Lodge	9.51